

# THE ESSENTIAL PACKING LIST

**Leisure clothes.** Bring clothes that you can wear again in a matter of days, especially if you're not (or rarely) doing laundry. As much as possible, limit jackets and coats – bring ones that will be your staple; you wouldn't want to bring much since they're heavy too.

+ Pajamas	One set up to <b>7</b> days
+ Shorts	One pair up to <b>3</b> uses
+ Bottoms/J Jeans	One pair jeans up to <b>7</b> uses
+ Tops/Casual shirts	<b>1-2</b> per day according to usual usage
+ Jacket/Coat	As limited as possible
+ Socks	<b>1</b> pair per day
+ Underwear	<b>1-2</b> pairs, per usage
+ Shoes/Sneakers	Everyday wear, comfortable

**Work.** When traveling for work, the secret is to pack one set of clothes per meeting days – when you have to dress up a bit more for work. Choose a jacket or blazer that has a more versatile style to suit whatever outfit you put on specific days.

+ Shirt	Bring <b>1-2</b> per work day, depends on usage
+ Pants/Skirt/Bottoms	Bring <b>1-2</b> per work day, try to use <b>1</b> pair <b>2-3x</b>
+ Shoes & socks	<b>1</b> pair shoes for work days, <b>1</b> pair socks per day
+ Jacket/Blazer	If possible, dedicate <b>1</b> jacket
+ Ties/Foulards	<b>1-2</b> ties/foulards per day
+ Dress handkerchief	<b>2</b> matching, one per day
+ Business cards	Proportionate amount to stay & activities

**Accessories.** Keep these to a minimum, keep the more precious ones at home. It's so easy to lose jewelry when traveling so limit as possible.

+ Watch	+ Wallet	+ Glasses	+ Passport + visa
+ Belt	+ House keys	+ Sunglasses	+ Flight ticket & bookings

**Toiletries.** For short travels, stay with the basics and keep items to a minimum. If staying at a hotel with decent toiletries, go for those instead. For longer durations, consider going to the supermarket, and buying just enough for what you need. If you do bring your own, make sure to use travel-sized when packing light.

- + Shampoo, conditioner & soap
- + Toothbrush & toothpaste
- + Floss & mouthwash
- + Deodorant
- + Contacts & solution
- + Shaving cream & shaver
- + Hairbrush
- + Hair clips & ties
- + Hair products (oil/wax/gel)
- + Cologne/Perfume

- + Tweezers, Nail clippers, Scissors
- + Skincare essentials in travel sizes (*moisturizer, toner, etc.*)
- + Medicine & prescriptions

The amount of items would depend on how particular you are with your routine. Stick to the basics as best practice.

## For the ladies

- + Feminine hygiene products
- + Makeup & makeup remover

Remember to check your calendar to see if you need to carry some extra things.

**Electronics.** Try to nix the laptop from your bag completely – unless you're traveling for work or you work remotely. Bring a universal adapter when traveling internationally.

- + Laptop/Tablet/Notebook & charger
- + Phone & charger
- + Camera & charger
- + External battery pack
- + Universal adapter

**More tips.** Having a very general check list has, without a doubt, proven to be a huge help when it comes to preparing for travels. And with today's day and age, it's much easier to get a hold of apps that can help travelers have a more hassle-free experience.

**+ Automated Itinerary Generation**

Have someone else look for the details in your emails. Get only the important information.

*With TravelerBuddy, you can forward your booking confirmation emails to [trips@travelerbuddy.com](mailto:trips@travelerbuddy.com) and have the app put the itinerary together for you.*

**+ Travel Advice**

We will remind you ahead of time of all pertinent travel documents, relevant travel risk, customs, health information and COVID-19 advice for each specific country.

*The **Travel Advice feature** of TravelerBuddy helps you stay ontop of these.*

**+ Online check-in**

Know when your flight would be ready to check-in and do it online. Get it done now, worry less later.

*Do your online flight **check-in through the app**. Easily copy all the details you need to fill in and you're a step closer to your flight.*

**+ Automated Packing List**

Fill in the details and have the computer generate the list for you.

*TravelerBuddy has a **Packing List feature** to help you make that list much faster. Add and edit items to customize the list. Print, save or share for future reference.*

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## ABOUT TRAVELERBUDDY

TravelerBuddy is your digital travel assistant. Have the app do everything for you, so that you can enjoy a hassle-free trip.

Whether it's before, during, or after your trips, TravelerBuddy has got you covered - from your itinerary, to travel advice, to online flight check-ins, down to an expense assistant (especially for your business-related reports).

It's a one-stop app where you can access everything you need - paperless. Have someone manage the little details for you and have you ready to go.

When you have TravelerBuddy on hand, there's no need to carry documents around. Have all your bookings, tickets, visas, passports and everything else you need right on the app.

Access your flight and hotel information, as well as your emergency contacts with a few simple taps. With TravelerBuddy, all your personal and trip information is assured to be safe and secure. Privacy is one of our biggest priorities.

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